BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association
August 2020 Issue 614

Covid-19 Support Scheme

BarHillCovid19Help@gmail.com

0800 088 6522

As Bar Hill News once again drops through your letterbox, it will be around 5 months since lockdown and the start of our village support scheme.

At the time of writing (week 17), we are pleased to have helped many people across our services:

- Advice: 378
- Food Parcels: 68
- Mental Health Support: 42
- Befriending phone calls: 30
- Prescriptions & shopping: 200 (approx.)
- Hot meals delivery: 18

The easing of lockdown restrictions is now accelerating at pace, and whilst this dreadful virus remains, the background level within society at large has decreased.

As government guidance continues to change and communities seek to respond, so our village Covid-19 Support Scheme will also develop.

We remain resolute in our commitment to be there for the people of our wonderful community all the way through to the other side of the pandemic, however long it takes. The services we provide are likely to be modified along the way as follows:

Advice: we expect this to increase significantly in view of the impact of redundancies & reduced hours on people's finances, access to benefits, debt management and navigating the difficulties of rent arrears.

Food Parcels: for the same reasons as Advice, we expect the need to provide emergency food support to increase.

Mental Health Support: Mental Health First Aid is also likely to increase, triggered by loss of jobs and reduced income.

Befriending Phone Calls: are likely to reduce, as shielding comes to an end at the beginning of August.

Prescriptions & Shopping: are likely to continue to reduce, as shielding guidance comes to an end.

Please use the village helpline email address:

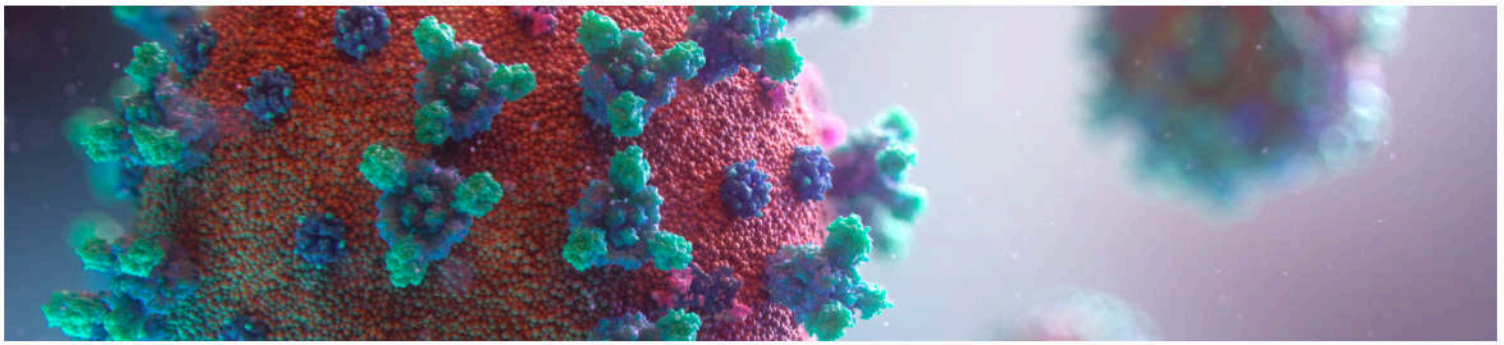
BarHillCovid19Help@gmail.com

We now have a NEW village helpline number:

0800 088 6522

Be assured we are as committed as ever to help each and every household get safely to the other side of this global health crisis

Best wishes,
Kevin, Bunty, Charles, Sarah (Core Group)



Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

- BAR HILL RESIDENTS' ASSOCIATION -

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Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published. Names and addresses may be withheld.

ADVERTISING RATES

Please see the Bar Hill Residents Association Facebook Page (facebook.com/barhillra/) or contact the Advertising co-ordinator (see above).

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell.] All items should be submitted electronically to **bhneditor@yahoo.com**.

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Olive Tree Bereavement Support

In these extremely difficult times we are aware that we have not been able to meet on our usual 2nd Saturday of the month. We are hoping to start meeting by the end of August 2020. This will be communicated to members.

Should you be an individual who has recently been bereaved who would like support and may possibly wish to join this group please phone either :-

Sue Kenchington 01954 780260 or Chris Stannard 01954 781978

If you would like a conversation with either of us before the group reconvenes, it will be treated in the strictest of confidence.

Creative Arts Courses (Cambridge and Wisbech)

"It's given me the chance to be myself. No pressures."

Cambridge Community Arts is a charity that supports adults with experience of mental or physical ill-health or disability through creative participation. We are running part-time, year long courses from September in: Digital Art & Design, Music for Performance, Music Production, Drama, Visual Arts, Printmaking and Photography that lead to a Level 2 qualification. For further information visit our website www.camcommarts.org.uk.

Evidence shows our courses improve confidence, self-esteem and mental wellbeing; they combat loneliness by bringing people together who have a shared interest, in a supportive environment. Our Next Steps programme helps move people into employment. We welcome any learner over 19 who can travel to Cambridge or Wisbech.

Cambridge Community arts

Tel. **07763 280029** Email. info@camcommarts.org.uk

NOTICES & LETTERS TO THE EDITOR

Please send your letters & notices to bhneditor@yahoo.com before the deadline of 6pm on the 15th of each month. Thank you!

Dear Editor,

Spring is when hedgehogs have their first litter of the year. Juvenile hedgehogs will be about now and will be looking for food and water. If you see a hedgehog out during the day especially juveniles please do not leave as they will rarely survive for long. Often they are seriously dehydrated, poisoned or injured and will need immediate medical treatment such as fluids given intravenously. Hedgehogs being nocturnal should not be out during the day.The only exception is if a mother and babies have been disturbed or she is making a nest due to disturbance often. Please contact myself Liz Dams on 07912 988898 for help.

Thank you,

Liz Dams, Gladeside

Dear Editor,

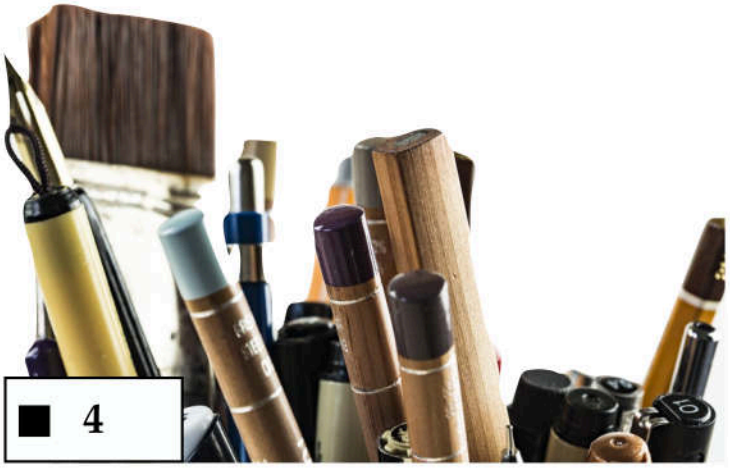
I would like to express my gratitude to the volunteers who have continued to maintain the Memorial Garden during these difficult times.

If there is someone that you would like to remember in the form of a Memorial Plaque and they have connection with Bar Hill then please contact Chris Stannard on 10954 781978 or email c.e.stannard1@gmail.com.

The cost of the Memorial Plaque is £100. You may have 100 characters over 4 lines.

Thank you,

Chris Stannard



Dear Editor,

Natural Cambridgeshire is running a survey to find out the role of nature in supporting people through lockdown and how people's attitudes to nature and green open space have been affected by lockdown.

The survey can be found here - https://naturalcambridgeshire.org.uk/news/valuing-nature-and-open-space-survey/

We will share the results with you all, of course!

Thank you,

Richard Astle

Chair, Natural Cambridgeshire

Dear Editor,

RE: Bar Hill Community Market

We hope that at this difficult time all have stayed safe. We have missed having the market as a place to meet and raise funds for the village over the last 4 months but also know, that this has been impossible to do due to the lockdown and social distancing.

At, this point in time we are not sure when we can open up again safely but will continue to monitor the situation.

We will try to keep you informed and let's hope that we can start again as soon as we are able to safely.

Stay safe and regards,

Karen and Adrienne

bar.hill.community.market@gmail.com

Facebook - Bar Hill Community Market

http://bit.ly/BHCommunityMarket

Dear Editor

Welcome back to the Bar Hill News, I would like to say a big thank you to all those who continue to deliver the magazine into our 1800 homes, I'm sure it will be back with a good read.

Bunty Waters, Foxhollow

Wildlife friendly gardening

Strimming is lethal to wildlife.
Every year thousands of animals are strimmed, including hedgehogs and frogs.

If it is necessary to strim, please check the area with hands (you can wear gloves) before doing so.
Looking is NOT enough as you cannot see properly what might be sleeping in long grass

During hibernation, please do not cut bushes or any other shrubbery back.
An area in the village was strimmed this year which had hedgehogs hibernating within.

Unfortunately, a dead hedgehog was found just across from this area. It was not able to find another safe area close by to nest in.

Sadly the European hedgehog is in serious decline with 95% of the population lost in the last 30 years. Much of this is due to human intervention such as habitat loss and being killed on the roads.

Please help, by having a wildlife friendly area in your garden and help not just hedgehogs survive but all wildlife.This is very easy to do by simply letting an area be taken over by nature.

A hedgehog will travel a mile and a half at night.

Please cut a couple of holes in your fence the size of a CD so they can get in and out of your garden.

Please garden organically.

When we use pesticides they don't just kill the insects but also chemically damage the soil.

Don't leave rubbish out, as this is dangerous to wildlife that can get caught in it or even die from eating it.

Help our wildlife by putting water out all year round and food for both birds and hedgehogs.
Our back gardens are the biggest nature reserves we have left in the U.K.

By helping nature, you are helping yourselves and your families.

Everything we eat and drink comes from the natural world.

We need to take care of it now.... more than ever before!.

Liz Dams
Trustee of Shepreth Wildlife Conservation Charity
and Education Officer at Shepreth Wildlife Park

Church News

Whilst the buildings have been closed during lockdown Bar Hill Church has been even busier in the community, helping and supporting people and offering online worship to which all are welcome. We are currently preparing to recommence worship in the buildings, but as yet no date has been set. In the meantime, know that we are here for you.

Services during August

Currently all our church services are being held online using Zoom and, as usual, all are welcome to join us. Our online services can be found by using the following link: https://us02web.zoom.us/j/88297613899

Meeting ID: 882 9761 3899

Password: 284740

If you haven't used Zoom before, using the above link on a PC or Mac will direct you to the Zoom download and you will need to download and install the software before you join, so allow a little extra time for this. There is also a Zoom app for iPad, iPhone and Android devices. Our weekly Sunday morning services are now held at 09:15 am and the service lasts for about 45 minutes. Midweek Communion is still held on the second Wednesday of the month, also at 09:15 am. Additionally we have Morning Prayers at 08:15 am Monday to Friday.

Church Contacts

Church Office	Ian Pryke	01954 206120 church.office@barhillchurch.org.uk
Minister	Rev Charles Mather	01954 277119 Charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
	Website	https://barhillchurch.org.uk
	Facebook	https://facebook.com/barhillchurch

Bar Hill Primary School

We have had a very usual Spring and Summer term at Bar Hill Primary School, but this time has brought out some real strengths of our school and the community. I have been overwhelmed by the way that our staff, our families and our community have pulled together supporting the school. Since 23rd March, our staff have provided home learning to our pupils, setting work on online platforms and setting weekly activities across the curriculum. We have been so impressed with the engagement the children have shown and have been delighted that so many of them regularly sent work into us, so we could see how they had been getting on. Our school remained open throughout the period to provide for children of key workers and we were so proud of the way these children adapted to quickly to the new routines. In June, we were able to open to a wider group of children and we were so delighted to welcome them back. The children have shown amazing resilience and maturity.

We have had some highlights during this time also. One of our parents generously organised a photography competition for our children, judged by famous photographers, our staff have been busy running and walking 2500 km to raise money for new IT devices for school, and 3 of our children were finalists in CMAT's Got Virtual Talent –an arts competition across all the schools in the Trust. This term, led by our Science lead, David Hawkins, we have also achieved our Primary Science Quality Mark, which is given to schools who demonstrate a strong commitment to excellence in science teaching and learning. Schools achieve a PSQM through a year-long process of initial audit, followed by action and evidenced-based reflection. Associate Professor Jane Turner, PSQM National Director said: "There was never a more important time for primary children to have a high-quality science education. The coronavirus pandemic has made everyone aware of the impact of science on our daily lives. "Schools that have achieved a Primary Science Quality Mark have demonstrated a significant commitment to science teaching and learning, even at this challenging time for schools. "Science subject leaders, their colleagues, head teachers, children, parents and governors should be very proud."

We look forward to welcoming everyone back to School in September

Charlotte Linden (Head Teacher)

Bar Hill Editorial Services

editing - copyediting - proofreading
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Roger Hall, 11 Almond Grove, Bar Hill, Cambridge. CB23 8DU

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- SANITISE HANDS BEFORE AND AFTER PLAY
- DOUBLES CAN BE PLAYED KEEPING SOCIAL DISTANCE WHERE POSSIBLE
- THE BENCH IS NOT TO BE USED
- PLEASE USE YOUR OWN EQUIPMENT AND BALLS
- PLEASE DO NOT TRY TO ADJUST THE NETS

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CONTACTS:
Paul Chubbuck (Secretary)
Mobile: 07983 435104
Email: tennisclubbarhill@gmail.com)

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BIN COLLECTION

Here are the dates for the next few weeks bin collections for Bar Hill;

	Black	Blue/ Green
Thu, 6 Aug 2020	✓	
Thu, 13 Aug 2020		✓✓
Sat, 22 Aug 2020	✓	
Fri, 28 Aug 2020		✓✓
Thu, 3 Sep 2020	✓	

Green Bin Collections

From Monday, green bin collections will return to their normal fortnightly collection arrangements. Since May, we have been guaranteeing a monthly green bin collections, while advising residents to leave their bins out every fortnight as crews were collecting more if they could. This was part of a phased resumption of the green bin service following disruption caused by Coronavirus. The Greater Cambridge Shared Waste Service is now in a position to return to regular, fortnightly green bin collections. The online bin calendar is being updated to reflect this, and residents will go back to being able to report missed green bins every fortnight again.

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Crafts Shed

I am pleased to report that the Scouts have very kindly allowed us to use their Headquarters by the Village Hall. Hopefully this will commence in August. Further details will be sent via email.

Should you be someone who is over eighteen and would like to join this group of enterprising like minded individuals then please make contact by either telephoning Chris Stannard on 01954 781978 / 07711 623425 or Chris Graham on 07913 013920

Email c.e.stannard1@gmail.com, chrisnval@gmail.com

Bar Hill Colts

Bar Hill Colts continue to provide a safe and enjoyable environment for children to learn football and make friends.

We offer a number of teams and training opportunities for boys and girls of all school ages and all abilities.

Additionally, we provide lots of coaching opportunities within our wide range of teams.

If anyone is interested in joining one of our teams as a player or as a coach then please contact us: **joeegan1507@gmail.com**

Congratulations to our coaches for delivering safe and well managed training sessions in recent weeks, adhering strictly to the current FA guidelines for training during the pandemic, it is wonderful to see the players outside smiling and exercising again.

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Happy Hours

In these unusual times we have started to meet up, doing our best to ensure social distancing and personal safety, for afternoon tea.

Venue: Bar Hill Sports and Social Club (main bar area)

Date: Fridays

Time: 2-4pm

Cost: £1 per person

Please feel welcome to come and join us!

Stay safe!

Anne Plumb, **01954 780364**

Bee Green

It's not just David Attenborough's fans that should care about nature. But what can we do here in Bar Hill?

Here are some ideas:

- The number of bees are decreasing worldwide, but their role as pollinators is crucial for our food chain. Why not bee-friendly by planting in your garden some flowers like: lavender or geranium or invite little insects for a drop of water from a flat plate on your terrace?
- Watercress is fantastic on toast, but have you tried to grow it by yourself? It is one of the easiest plants to sow needing only a plate, cotton wool and watering. You may also try planting mustard seeds in the same manner. Bon appetite after a week!
- What to do if you do not have green fingers? Reduce harsh chemicals usage. Windows, mirrors and bathroom sink will shine after cleaning just with white vinegar.
- Wash your clothing only if it is dirty and in bulk. If you want just to refresh blouses and pants try lower temperature mode on your washing machine.
- Buy recycled paper for printing. It will reduce waste and may save some pennies too.

These are just some pieces of advice.

If anyone has got another green ideas let's share some more in the next BHN issue!

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I am happy to bring communion to the house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.

Contact Jean: **07841 397 338**, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Catholic Church Serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton) adrian.gates@rcdea.org.uk, 01223 622690)

Local Contact: **Bunty Waters** (Tel: 01954 201421)

BAR HILL ROSARY GROUP

Dear All,

Rosary Group meetings have to be postponed until further notice. Nevertheless, this particular uncertain time might be a convenient moment for you to develop more personal relationship with Jesus and Virgin Mary to find peace of heart. We may help you by giving away rosary beads with instruction how to start praying. Whenever you are new to rosary or not we encourage finding time for a faithful reflection. Please text your address to Agnes (074 3255 0621) and the free kit will be delivered to your door (in Bar Hill). God bless you!

THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or WendyArrowsmith on **01954 781381** or come along to the next meeting.

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DISTRICT COUNCILLORS REPORT - AUGUST 2020

CORONAVIRUS UPDATE

More than four months have now passed since the UK was put into lockdown on March 23rd. Sadly there have been, at the time of writing, 43 deaths in South Cambridgeshire – a rate of 270 per million inhabitants. Although less than half of the UK average, if South Cambs District were an independent country, it would have the nineteenth highest death rate, at nearly four times the world average. Despite this, the virus is only 8.8% of the way through what would have been its natural progression in the UK had their not been a lockdown. So, it is worth remembering that until there is a vaccine, we are still vulnerable to further waves of infection.

COVID-19 BAR HILL SUPPORT SCHEME

This has been a great support to residents in Bar Hill, the kindness of people has been incredibly helpful to so many residents. Many residents have volunteered to give their time in various ways; it has shown what a great village this is.

If you know of any concerns from any resident who may need support please do give my phone number to them as I can direct them to a great many helpful areas which will give help and advice.

Our economic recovery will come from finding technological solutions to resuming operations with fewer staff or customers in a given physical space, rather than waiting for a resumption of the way things used to be. As one of the world's great technology centres, it is local people who should be thinking of what these technologies will be.

NATURAL CAMBRIDGESHIRE SURVEY

Natural Cambridgeshire is running a survey to find out the role of nature in supporting people through lockdown and how people's attitudes to nature and green open space have been affected by lockdown. The survey can be found at:https://naturalcambridgeshire.org.uk/news/valuing-nature-and-open-space-survey/

One of the questions in the survey is how easy it is to access the countryside and natural areas from your house. Hopefully most people in the village should find access easy, but you can always write to the Bar Hill News with updates of where to visit in our local Countryside.

SHOP LOCALLY AS THE RETAILERS OPEN THEIR DOORS

Shop locally and support your neighbourhood high street – that's the District Council's call to South Cambridgeshire shoppers as non-essential retailers prepare to open their doors for the first time since lockdown on Monday.

As part of its Business Plan priority to grow local businesses and economies, the Council is appealing to consumers to shop closer to home and help their local community and economy to recover from COVID-19.

SHEPRETH WILDLIFE PARK

The South Cambs MP, Anthony Browne has been working closely with Shepreth Wildlife Park and Linton Zoo to find ways to support them through the challenges. With zoos allowed to reopen from Monday 15th June, South Cambridgeshire attractions have been putting COVID-19 safety measures in place before confirming when they will start to welcome visitors. Linton Zoo is hoping to start with a phased 'soft reopening' from 22 June.

The zoo has received £10,000 from the Government's Retail, Hospitality and Leisure Grant Fund – one of almost 1,950 local businesses to benefit from more than £22.75 million of lockdown support.

COMMUNITY CHEST GRANT

If you know of any group who might want to apply for help from the Community Grant please do encourage them to apply to South Cambs, please contact me for details!

Please contact me if you would like further information, help, or advice

Bunty Waters - bunty.waters@ntlworld.com **07734 690580**

Willingham & Longstanton Surgeries

Face coverings and masks

Following telephone triage with a clinician, we are asking increasing numbers of patients to attend the surgery. We are asking that all patients attending the surgery wear a face covering in line with government guidance. These are available to purchase in local supermarkets and at Willingham Pharmacy.

We are also limiting the number of patients in the waiting area at any time. You may therefore be asked to wait in your car or outside the front of the practice, where you will be called in when your GP/Nurse is ready so that we can maintain safe social distancing at all times. All patients must abide by the one way system, and adhere to the social distancing markers in reception. Please use the hand sanitiser dispensers when entering the premises.

Dr Suter is retiring

We will be saying a fond farewell to Dr Suter in September, as she retires to spend more time with her family in Winchester. Dr Suter has been at the surgery for 26 years, and is quite frankly part of the furniture! She is a popular and much respected GP, and we would like to thank her for the dedication, support and care she has given to her patients, staff and the wider community throughout her career. We wish her a joyful and happy retirement, and will miss her greatly. We are pleased to announce that Dr Alice Gilbert will be joining our team at the end of September, and is looking forward to meeting our patients in due course.

Immunisations

While coronavirus has put limitations on all our lives, it is important that you or your baby or child still have routine vaccinations. They protect against serious and potentially deadly illnesses and stop outbreaks in the community. We recommend that you book in your next scheduled appointment – see www.nhs.uk/vaccinations for details.

Carers Meeting

Due to the current pandemic, the carer's meetings are still currently postponed until further notice. They will be reinstated as soon as it is safe to do so. In the meantime, we would like to continue to support carers in our local community in any way possible. If you are a carer for someone and need advice and financial or emotional support, please contact Sue Lawson at Susan.Lawson@nhs.net or 01954 260230.

Hot Weather

It's worth remembering that sunny spells can pose health risks for some people. It's important to protect yourself and others from too much sun or heat, to carry water when travelling and to think of those, such as young children or older people, who may feel the heat more acutely than others. Make sure you follow the COVID-19 social distancing guidance while looking out for others.

- Look out for older people and others who may find it more difficult to stay cool and hydrated in hot weather – stay #WeatherAware. Many people who are at higher risk of ill health due to the hot weather are also at higher risk of severe illness from coronavirus (COVID-19)
- If you need to provide direct care for someone at risk from the hot weather, follow the COVID-19 guidance on providing care to family or friends. Wash your hands regularly and don't visit at all if you are unwell
- Drink plenty of fluids and avoid excess alcohol during the hot weather.
- Avoid extreme physical exertion during the hot weather . If you can't avoid strenuous outdoor activity, keep it for cooler parts of the day e.g. early morning or evening.
- The best thing to do in the hot weather is stay out of the direct sun, especially between 11am & 3pm as UV rays are strongest during these hours. #BeattheHeat
- Stay #WeatherAware: if you or others feel unwell, get dizzy, weak, anxious or have intense thirst move to a cool place, rehydrate and cool your body down

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COUNTY COUNCILLORS REPORT

I'd like to start this report by welcoming back the fabulous Bar Hill News and by saying a huge well done to everyone in the village who has contributed to the fantastic support scheme that was established at the beginning of the Covid-19 pandemic. There are too many of you for me to name names and I wouldn't dare try for fear of leaving someone out but, you know who you are, and more importantly the Bar Hill community knows who you are. The work done by local communities to create a support network for vulnerable residents is extremely impressive and is greatly appreciated by the County Council.

Various concerns have been raised with me about the mandatory wearing of face coverings on public transport. One resident complained that there were passengers on a Citi 5 service not challenged for not wearing a face covering. He was disappointed that Stagecoach's response was that drivers advise passengers that they should wear a mask but don't enforce this requirement and that they refuse travel only to frequent abusers of the rule. Another passenger was questioned as to why he was not wearing a mask and his sunflower lanyard was not automatically recognised by the driver as proof of his exemption. I have checked on both accounts. Although the government has said that the wearing of face coverings is mandatory, only the police have authority to enforce it. I'm sure we're all aware that bus drivers are often subject to abuse without the additional challenge of this new rule. Stagecoach has a duty of care to its drivers and so, quite rightly, will not insist that they attempt to enforce it in any way. Someone not wearing a covering may have a valid exemption and other passengers won't necessarily know that this has been shown to the driver. The list of exemptions set by the government is very specific and a public health officer is now checking it against those covered by the universal sunflower lanyard and will also ask bus operators to ensure their drivers are aware of the lanyard. He is also meeting with the police and operators to establish what police resource can be diverted to do spot checks. All stakeholders will also review their communications to ensure that they are sufficiently clear on the subject of face coverings.

Roads:

Some residents have justifiably suggested that the recent work to the perimeter road should have included a resolution of the underlying problem and that surface issues will recur without this being addressed. I was aware before the work was done that there was an underlying problem and have taken this up with officers but the budget that was available was not sufficient to address both the cause and the effects. The effects were sufficiently serious that I was successful in securing the money to deal with them but I have from the outset made the point that the money will be a much better investment if the underlying issue is dealt with. Please be assured that I am chasing this work. Highways work is constrained at the moment [a] because of the deployment of some staff to Covid related work and [b] the need to observe social distancing. This means that things are being progressed more slowly than usual.

Thank you to everyone who has been in touch recently. Please do continue to contact me with your comments and questions.

Take care. Stay safe.
Lynda

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Please do continue to contact me about the things that matter to you.
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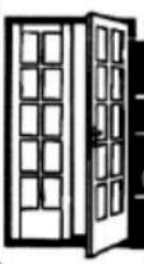

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BAR HILL PARISH COUNCIL

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01954 780456 - clerk@barhillpc.org.uk
Chairperson: bunty.waters@barhillpc.org.uk

Firstly the Parish Council thanks everyone for their support during Covid-19 and hopes you are all remaining safe and well, and able to now return to some degree of normality.

The play equipment and play areas were closed due to the Covid-19 restrictions and as this report is written the Parish Council is currently working to assess the Council's ability to re-open as soon as possible. This includes managing the Village Green and its use by village sports clubs, tennis and Muga courts. Further announcements will be made after the Council meets on 16 July. Look out for notices on the village noticeboard and at www.barhillpc.org.uk We do thank all of you who have supported us by adhering to our notices and Government guidelines to help prevent the spread of Covid-19. The Council will continue to adopt the Government guidelines and thanks you all for your compliance and patience in these extremely difficult times. Please keep safe, stay alert, control the virus and save lives.

Unfortunately the Parish Council office had to be closed to the public, in-keeping with the Government' guidelines relating to Covid-19.

After the Coronavirus legislation was passed, the Parish Council commenced meeting via Zoom and will continue to do so for as long as necessary. It will be undertaking a Risk Assessment for return to work in-keeping with Government guidelines at the July meeting. It has been an extremely busy 4 months for staff and Councillors, working from home for the most part but as restrictions are easing we are moving on with organising site visits with contractors etc. Inevitably there was a slowdown in being able to deal with some aspects of our normal work but we were pleased to get the drainage done on the village green last month; our grass contractors were able to get to grips with mowing and our tree surgeon's have helped us dealing with trees and general clearing up after the awful winds we have experienced during this time. Other maintenance work will start up in a few weeks, especially relating to Ranger works. We were glad Cambridgeshire County Council have finally been out to do works on the perimeter road and our grateful thanks go to our County Councillor, Lynda Harford, who is always so supportive towards our village.

Assessments for the Autumn/tree maintenance programme will be ongoing over the next 6-8 weeks although some emergency works will take place sooner.

The Parish Council was heartened by the action of the community in pulling together during this crisis and thanks the community team for all their work in reaching out to serve people who were experiencing difficulty getting shopping, medication etc. For those 'shielding' it has been a very long haul. The Council did make a financial contribution for food to support the village food parcels under Local Government Act 1972, section 137.

We were not able to have the Annual Parish Meeting which fell early on in the Covid-19 crises but the Council is looking into arrangements for the future. Keep an eye on the noticeboards and Council's website. The annual audit arrangements were also delayed.

The Parish Council is pleased the A14 improvements are finished and will be glad when the final cones are gone and the front of the village finished by Highways England. Works on demolishing old units at Norman Park in Trafalgar Way with new units for B1(c), B2 and B8 uses are going through the planning application stages.

Finally could we remind everyone to check around their property boundaries please and remove any vegetation or overhanging trees that is or might in the future obstruct or cause a nuisance to people passing by.

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Every year firefighters are called to incidents where people, both adults and children, get into difficulty when taking a dip in open water.

The water may look calm on the surface, but there may still be strong undercurrents, especially near locks, that could pull even the strongest swimmer under. There can also be rubbish, like shopping trolleys and rubble hidden beneath the murky water that you could become trapped in. There is often broken glass on the river bed and cuts from this can sometimes lead to deadly infections.

The water may feel relatively warm on the surface, but just a few inches below can be icy cold, even on hot days. This can cause panic and 'cold water shock', meaning the water can be so cold it takes your breath away and makes swimming extremely difficult.

If you find yourself in cold water do not panic, float on your back. If you float on your back and don't struggle, your clothes will have some air in them that will help you float more easily. After 60 to 90 seconds the cold water shock will pass and you will be able to breath normally again so that you can swim to safety.

We are urging people to be aware of these dangers when around open water and for parents to have this conversation with their children.

If you see someone in trouble in water:

- Do not hesitate - call 999 immediately with clear details of your location. Request fire service if inland.
- Try to reach out to them with a stick or belt, keeping low so you do not get pulled into the water yourself.
- Send someone to the nearest road to flag down the emergency services when they arrive and direct them to the incident.
- Find the nearest life ring and throw it to the person. If a life ring is not available, throw in anything that could help them float.
- If someone goes under the water, mark on the water's edge the place they were last seen with something like a piece of clothing.
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Visit this website for helpful tips and advice: https://firekills.campaign.gov.uk/

Get the call - become an on-call firefighter

Cambridgeshire Fire and Rescue Service is looking to recruit more on-call firefighters to help serve local communities across the county.

CFRS is looking for men and women from all backgrounds to become on-call firefighters and provide emergency cover from either their home or their workplace.

On-call firefighters are a vital part of our Service and community. They respond to a wide range of incidents, from fighting fires, attending road traffic collisions, animal rescues to supporting other emergency services. In addition to responding to emergency incidents, our on-call firefighters support their communities by providing information and advice on a range of community safety topics.

They receive an annual wage to reflect the time they commit plus additional payments for attending incidents and drill nights (one evening a week for two hours).

It's a rewarding role, and we hope to encourage members of the community to get in touch and find out more about becoming an on-call firefighter.

Visit www.cambsfire.gov.uk/oncall for more details.

URGENTLY REQUIRED

CARE SUPPORT WORKERS

Our Service

- We offer person centred care to adults with a learning disability in their home
- We enable and empower residents to return their independence and have choice and control of their lives

Why Apply?

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- Opportunities to develop on-the-job
- Job satisfaction. Valued team member
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- Competitive Hourly Rates
- Experience not essential: Induction & Training provided
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Location

Longstanton village, outside Cambridge

CALL: 01954 789856 - Mr Andrew McLees
CALL: 07836 697801 - Mr Paresh Sodha

Face Masks

New rules 15 June

New rules say you must now wear a **face covering** on a

* Bus or train
* Ferry or plane
* And in hospitals

You do not need to wear a mask if

You have a disability

You have breathing problems

A deaf person needs to read your lips

You are a child aged under 11

You may be asked to wear a mask at a station.

You may not be allowed to travel or have to pay a fine if you do not wear a mask.

A face mask does not protect you
We wear a face mask to protect other people

Find out more at keepsafe.org.uk/mask

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Bar Hill Childminders

We are Ofsted Registered and inspected Professional Childcare Providers, working with children in our own homes. We hold 'Good' and 'Outstanding' Ofsted grades, are fully insured and trained in Paediatric First Aid.

At present we are working hard to take on the challenges of Childcare during this difficult time of the Coronavirus Pandemic. Some of our Childminders are fully open, some are working with reduced numbers of children and some are still temporarily closed.

Sadly our 'Little Bunnies' Thursday group sessions are closed until further notice.

Our Childminders are listed below, those with availability have the word 'spaces' after their name - those who offer Government Funded places, (Universal and Extended), have an F before their name.

F	Kirsty	07584 168909	Spaces (over 8's)
F	Jacky	07718 447998	
F	Melanie	01954 204496	
F	Terri	07846 018714	
F	Kirsten	07906 218070	
	Mandy	01954 204223	
	Carol	01954 780238	

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PUZZLES AND GAMES

	3	2	1
2			4
		1	
1	2		

	1	4	3		5
3					
	4	1			
			6		
	2			3	
4		3	1		

2				5	3			
8			1				7	
7	1	5	9	8			3	6
	3	8	2	4				7
	2					5		
1				3		8	4	2
	6	9			7		2	8
						7		
3		1	4	2		6	5	

Sudoku: Place numbers 1-4, 1-6, or 1-9 in each line and in each box so that each number is used precisely once. Good luck!

■ 30

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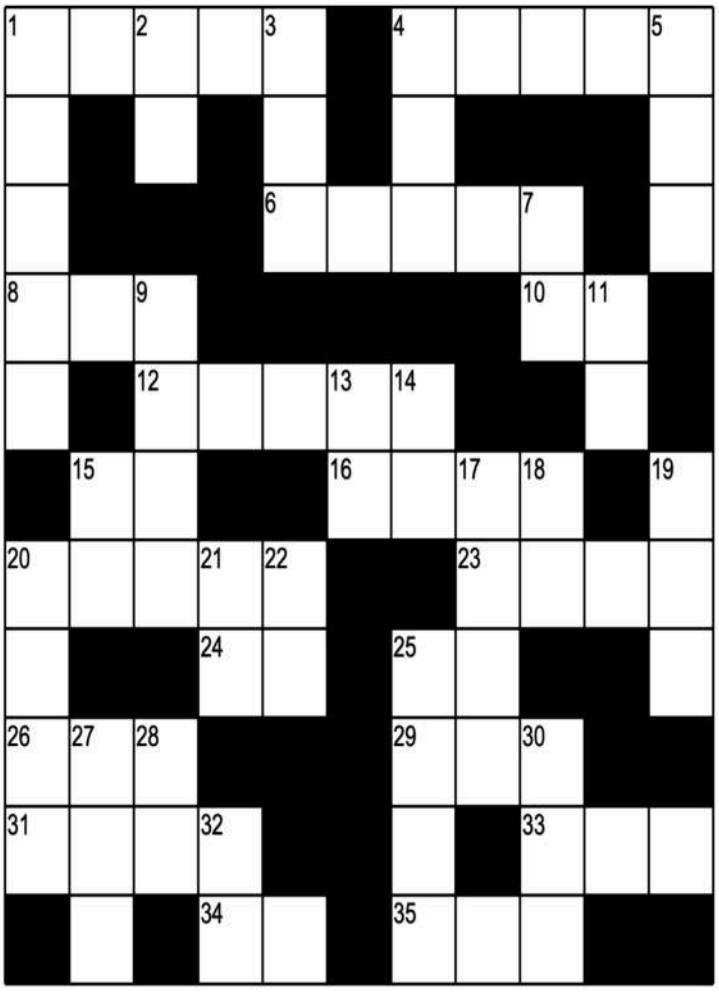
SUMMER 2020 BHm S 20

A	L	I	G	E	O	O	P	A
A	R	W	G	E	R	P	E	N
B	R	I	H	O	N	P	Y	R
C	A	R	I	N	G	R	I	D
C	L	E	I	N	G	S	C	A
C	L	E	M	E	T	T	E	R
D	A	E	M	S	T	T	R	A
E	R	W	O	M	B	U	N	D
E	Y	C	O	N	E	V	E	N

			M	S	T			
		R				T		
		E						
			O					
				E				
					C			
						D		
		A				G		
			E	R	W	I		

AIM: Place the 27 three character 'tiles in the left -hand grid TO the CORRECT spaces in the right hand grid relating to BUTTERFLIES AND MOTHS containing NINE letters horizontally and in alphabetical order

Maths Crossword



Across

1. 2311 × 23
4. 70605 - 19082
6. 14545 + 24729
8. 1153 - 339
10. 483 ÷ 7
12. 46457 × 2
15. 131 - 37
16. 9517 - 2974
20. 138168 - 43177
23. 1546 - 429
24. 812 ÷ 14
25. 11 + 20
26. 22 × 13
29. 97 + 167
31. 1152 + 1613
33. 13 × 13
34. 305 ÷ 5
35. 1387 - 420

Down

1. 20807 + 35373
2. 342 ÷ 18
3. 147 + 236
4. 271 × 2
5. 148 + 208
7. 552 ÷ 12
9. 7100 - 2151
11. 47 × 2
13. 272 ÷ 17
14. 62 - 17
15. 33 + 61
17. 84 × 49
18. 31 × 1
19. 374 + 600
20. 65254 ÷ 7
21. 1140 ÷ 12
22. 6 × 3
25. 3209 × 1
27. 1201 - 324
28. 990 ÷ 15
30. 181 + 236
32. 280 ÷ 5

HM Government

NHS

Coronavirus

Wash your hands with soap and water more often for 20 seconds

Use a tissue to turn off the tap.
Dry hands thoroughly.

CORONAVIRUS
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VILLAGE EVENT CALENDAR WILL RETURN SOON ...

UK Government

NHS

CORONAVIRUS
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Go to gov.uk/coronavirus

STAY ALERT ▸ CONTROL THE VIRUS ▸ SAVE LIVES